



THE HACKETT CENTER
FOR MENTAL HEALTH



Putting Policy Into Practice™

The Hackett Center for Mental Health, established in Houston, Texas in 2018, is the first regional center of the Meadows Mental Health Policy Institute.

MISSION

To provide independent, non-partisan, and trusted policy and program guidance in Greater Houston and the Gulf Coast region to improve services and systems so **all Texans can obtain effective mental health care.**

VISION

For Greater Houston and the Gulf Coast Region to be a local, state, and national leader in treating all people with mental health conditions.

HALF
OF ALL
MENTAL HEALTH
CONDITIONS
MANIFEST BY
AGE 14

350,000
CHILDREN
IN TEXAS EXPERIENCE
A SEVERE
MENTAL HEALTH
CONDITION

1 in 5 TEXANS
HAVE A MENTAL HEALTH
CONDITION, AND
60% DO NOT
RECEIVE TREATMENT

PRIORITIES

With a focus on “Putting Policy into Practice,” The Hackett Center engages in and supports the development and dissemination of best-practice mental health care, research, and implementation among health care leaders, organizations, and systems in the Greater Houston region and beyond. Since its launch in 2018, The Hackett Center has identified the following priority areas:

- **Strengthening mental health recovery** and **resilience** for children affected by trauma and bereavement
- Supporting the **integration of mental health into pediatric primary care**
- **Improving coordination across systems**, including health, education, early childhood, juvenile justice, and family and protective services
- **Engaging Houston faith-based organizations** to address mental health issues in our community
- **Promoting the expansion of strategic business alliances** to increase demand for integrated and collaborative health care
- Ensuring student readiness to learn by **providing best-practice mental health guidance** to school districts, educational resource centers, and care providers
- **Advancing Health Equity** to reduce mental health disparities in all populations

TRAUMA AND GRIEF CENTER

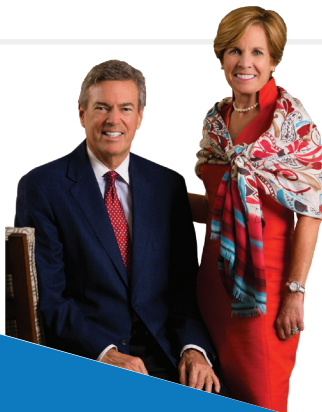
The Trauma and Grief Center at The Hackett Center for Mental Health raises the standard of care and increases access to best practice treatment for youth who have experienced trauma and bereavement. The TAG Center adheres to a scientist-practitioner model and has four primary aims:

- **Develop, implement, and disseminate** innovative evidence-based assessment and interventions for youth, ages 7-21, who have experienced traumas and/or losses
- **Conduct research** on adaptive and maladaptive responses to childhood trauma and loss as well as treatment effectiveness
- **Provide training** and professional education in trauma and bereavement-related topics and interventions
- **Translate** trauma and bereavement-informed **best practices into policy**

The Trauma and Grief Center offerings include:

- Trainings and resources for clinicians on how to deliver evidence-based interventions to youth who have experienced trauma or loss
- Collaboration with the TAG Center's affiliated group practice, the Lucine Center, to provide and evaluate novel trauma- and grief-informed assessments and treatments
- Consultation and assistance to communities responding to natural disasters and other traumatic events
- Guidance on how to become a trauma- or grief-informed school, business, organization, or community

Learn more about The Trauma and Grief Center at www.tagcenter.org.



MAUREEN & JIM HACKETT

Maureen and Jim Hackett are passionate advocates for mental health. Thanks to their bold vision and generous support, The Hackett Center programs serve as scalable models for regional and national mental health care innovation and improvement.

Thanks to Jim and Maureen and the generosity of our donors, The Hackett Center for Mental Health works to improve mental health across Greater Houston, the Gulf Coast Region, Texas, and the nation.



A Regional Center of

MEADOWS MENTAL HEALTH POLICY INSTITUTE



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