



## Trauma and Grief Center at The Hackett Center for Mental Health

The Trauma and Grief (TAG) Center at The Hackett Center for Mental Health raises the standard of care and increases access to best-practice care among youth exposed to trauma and bereavement.

[Visit Our Website to Learn More! ▶](#)

### The TAG Center adheres to a scientist-practitioner model and has four primary aims:

- Develop and disseminate evidence-based assessment and interventions for youth who have experienced traumas and/or losses
- Conduct research on adaptive and maladaptive responses to childhood trauma and loss as well as treatment effectiveness
- Provide training, professional education, and consultation in trauma-and bereavement-related topics and interventions
- Translate trauma- and bereavement-informed best practices into policy

Although the TAG Center is not a direct service provider, the Center has an affiliation with a group practice, also led by Dr. Julie Kaplow, called the [Lucine Center for Trauma and Grief](#). These two entities work hand-in-hand to ensure that our treatments are supported by research and our clinical work informs important and relevant research questions.

#### FOR MORE INFORMATION CONTACT:

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# SUPPORTING THOSE WHO SUPPORT CHILDREN THROUGH TRAINING AND PROFESSIONAL EDUCATION

## General workshop topics for educators, mental health professionals, health care professionals, and other groups can include:

- Overview of childhood trauma and grief
- Becoming a trauma- and grief-informed organization or school
- Trauma and grief in response to natural and man-made disasters
- Trauma- and grief-informed assessment and interventions
- Bereavement and grief in children and families
- Special considerations for working with immigrant populations
- Vicarious trauma, compassion fatigue, secondary traumatic stress, and self-care for educators, mental health clinicians, health care workers, and other professionals

## Specialized trainings for mental health clinicians include:

### Trauma and Grief Component Therapy for Adolescents (TGCTA):

An evidence-based, assessment-driven treatment for adolescents who have been exposed to trauma and/ or bereavement, this 2-day training in TGCTA focuses on (a) the modular, flexibly tailored structure, (b) primary intervention objectives and practice elements for each module, and (c) hands-on experiential exercises to strengthen key skills needed to implement each module. The training also focuses on and incorporates foundational trauma- and grief-informed assessment skills information.

### Multidimensional Grief Therapy (MGT)

An evidence-based, assessment driven treatment for children and adolescents who have experienced bereavement, this two-day training in MGT focuses on how to reduce unhelpful grief reactions (grief that keeps children “stuck”) while harnessing and cultivating helpful grief reactions (grief that helps children to cope more effectively). The training also incorporates foundational concepts pertaining to childhood grief.

### Core Curriculum on Childhood Trauma (CCCT)

The CCCT, a tool developed by the National Child Traumatic Stress Network, is considered the “gold standard” for training professionals who work with traumatized youth in the identification of trauma and posttraumatic stress in children, trauma-informed case formulation and clinical reasoning skills, as well as how the effects of trauma can manifest in youth of different ages, genders, and ethnocultural backgrounds. This half-day training utilizes a Problem-Based Learning (PBL) approach to strengthen clinical knowledge and clinical reasoning skills while encouraging the integration of cultural, developmental, strength-based, and systems perspectives when working with trauma-exposed youth and families.

The Trauma and Grief Center at The Hackett Center for Mental Health embraces a scientist-practitioner approach, meaning that our research informs our practice recommendations and our clinical implementation expertise informs our research. Through this work, our goal is to ensure that any child across the nation who is exposed to a trauma or loss receives evidence-based, culturally informed, best practice care.

## FOR MORE INFORMATION ABOUT TRAINING:

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