

2022

North Texas School Mental Health Executive Learning Community

A Premiere Learning Experience to Advance School Mental Health in Your System

OUR CHALLENGE

1 in 5 CHILDREN in the U.S. show symptoms of **MENTAL HEALTH DISORDERS** each year*

2nd leading CAUSE OF DEATH for children ages **10-24** is **SUICIDE***

COVID-19 has exacerbated the nation's growing mental health crisis, overwhelming school districts as they work to meet the needs of students and educators throughout the ongoing pandemic.

THE SOLUTION

Effective school mental health programs are critical to improving student outcomes, well-being and academic achievement.

The Meadows Mental Health Policy Institute is leading a **10-month, premiere learning experience** that will equip districts to **effectively execute school mental health programming**.

PROJECT GOALS

- Develop successful **school-based mental health programs** in North Texas
- Increase **access to mental health care** by leveraging the school system
- Increase the **early identification and treatment** of presenting child and adolescent mental health conditions, specifically depression and anxiety
- Foster **collaboration** between district leaders and community partners

Comprised of executive leaders from 19 school districts, the **North Texas School Mental Health Executive Learning Community (ELC)** will meet monthly from April 2022 through January 2023 to participate in expert-facilitated learning sessions, peer networking, thought partnership, collaborative problem solving, and discussion on all things school mental health. In addition to hearing from an expert speaker each session, the ELC members will also be introduced to leaders from local community providers and philanthropic partners to help further expand each district's professional network and reach. This group will set the tone and lead the way for the future of school mental health in Texas.

Additionally, 5 of the 19 districts have been selected to receive additional benefits through the Meadows Institute as part of our **Intensive Implementation Cohort**. This elite cohort will receive all sessions and benefits of the larger ELC and will also have the special opportunity to take a deeper dive into implementation planning. In addition to other benefits, these 5 districts will receive monthly consultation and technical assistance from the Meadows Institute. Each school district in the Implementation Cohort will receive customized coaching support as they develop an implementation plan to support the launch of a new school mental health initiative.

EXECUTIVE LEARNING COMMUNITY MEMBER BENEFITS INCLUDE:

- Access to an exclusive **peer-learning space** to collaborate, innovate, and implement with other district leaders facing similar challenges
- **Professional executive networking** opportunities with other district leaders and high impact community partners
- A curated **professional learning curriculum** developed by school mental health experts at the Meadows Institute and its network of partner organizations
- In addition to the Learning Community sessions, an additional **25 hours of targeted, one-on-one technical assistance and consultation** provided by Meadows Institute staff to all member participants
- Support developing a **customized program implementation plan** leveraging the best and latest school mental health research

Questions?

For more information please contact:

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PARTICIPATING SCHOOL DISTRICTS

North Texas School Mental Health Executive Learning Community (ELC)

1. Carrollton Farmers Branch ISD
2. Coppell ISD
3. Crandall ISD
4. Garland ISD
5. Golden Rule Charter School
6. Greenhill School
7. Highland Park ISD
8. International Leadership of Texas
9. Irving ISD
10. Royce City ISD
11. Sunnyvale ISD
12. Trinity Basin Preparatory
13. Waco ISD
14. Waxahachie ISD

Intensive Implementation Cohort of the ELC

15. Dallas ISD
16. Grand Prairie ISD
17. Richardson ISD
18. Rockwall ISD
19. Uplift Education

**19 districts: 449,958
students represented**

Participants include district-level decision makers and senior program leaders.