

# Executive Learning Community

MEADOWS MENTAL HEALTH POLICY INSTITUTE



## 2024 Advancing School Safety and Student Wellness

A Premier Learning Experience to Advance School Safety and Student Wellness in Your District

### OUR CHALLENGE

Districts are seeing a variety of concerning trends, including:

- Increases in student aggression, anxiety, depression, grief, and loss
- Increased teacher stress and challenges with supporting the mental well-being of school staff
- Lost instructional time, and a decline in academic performance and engagement among students
- Significant increases in disciplinary infractions resulting in suspensions, expulsions, and referrals to community providers

Reducing reliance on punitive and exclusionary discipline practices can be complex. Currently, no space exists for regional district leaders to learn together and collaboratively solve problems related to the impact of these practices.

### THE SOLUTION

Building a districtwide infrastructure based on prevention, data, and collaboration can help reduce the use of exclusionary discipline and is critical to improving student well-being and academic achievement.

Join the Meadows Mental Health Policy Institute for a **11-month, premier learning experience** that effectively equips school districts with **evidence-based tools and strategies** to reduce exclusionary discipline. This opportunity is provided free of cost, thanks to the generous support of our partner, Texas Health Resources (THR).

## APPLY NOW

### How to Apply:

**Applications open from March 19 through April 8 for select districts within Tarrant County.**

Capacity will be limited. Submit your application and learn more [here](#).

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## PROGRAM DETAILS

### Who Should Apply:

This opportunity is targeted toward district executives and student support leaders responsible for the development and implementation of school discipline and school mental health systems. Select district leaders across Tarrant County are invited to come together to learn and solve problems related to student behavior and school discipline. Each district is encouraged to include up to 4 participants.

### Timeline:

Participants will attend ten 2-hour sessions **in-person sessions from May 2024 to March 2025**. The Meadows Institute will work closely with Learning Community participants to develop a meeting schedule responsive to district needs.

### Who We Are:

Independent and nonpartisan, the Meadows Mental Health Policy Institute works at the intersection of policy and programs to create equitable systemic changes so all people in Texas, the nation, and the world can obtain the health care they need.

We are a nonprofit organization that works closely with districts across Texas building sustainable mental and behavioral health systems that serve all students and educators. Our team of school mental health experts includes former school district and education service center leaders, mental and behavioral health systems leadership, licensed clinical professionals, evaluation experts, policy analysts, and more.

The Meadows Institute is uniquely positioned to put **school mental health research, policy, and best practices into action—and into the hands of educators** who do the work and need help building systems that support their students and staff.

### Executive Learning Community member benefits include:

- A year-long cohort learning experience
- A curated, evidence-based, professional learning curriculum developed by school mental health experts at the Meadows Institute and its network of partner organizations
- Access to an exclusive peer-learning space to collaborate, innovate, and implement with district leaders facing similar challenges
- Support developing an action plan to address district needs

### Curriculum topics include:

- Brain Science
- Multi-Tiered Systems of Support
- Harnessing the Power of Data to Reduce Exclusionary Discipline
- Funding and Sustainability
- Adult Wellness

## QUESTIONS?

For more information please contact:

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