FREE TRAINING

# Essential Foundation in Collaborative Problem Solving

**February 27, 28, 29**
**10am - 3pm CT**

Online via Zoom

Collaborative Problem Solving® is an innovative, trauma-informed, evidence-based approach to understanding and helping kids with behavioral challenges. Join us for a foundational training in the Collaborative Problem Solving approach!

- Understand why a new approach is needed to meet the needs of all children, including those with social, emotional, and behavioral challenges.
- Learn how to assess a youth's thinking skills and what are the situations that lead to challenging behaviors.
- Be able to tailor interventions based on goals, including reducing concerning behavior, addressing problems, and building skills and relationships.
- Begin applying and practicing Collaborative Problem Solving with others to address challenging situations.

## Register!

bit.ly/TexasCPS

### Who should attend?

North Texas outpatient and community based mental health care providers.

### CME/CEUs

CME/CEU approval is pending.

Erin Hill Jones, Ph.D.



Jordan Spikes

### About Us

Dr. Erin Hill Jones and Jordan Spikes provide a range of services at Think:Kids to those who are learning to utilize Collaborative Problem Solving in their personal and/or professional lives. They facilitate training and coaching sessions and consult with organizations working towards implementation and sustainability of CPS.

Collaborative Problem Solving® is an evidence-based, trauma-informed approach to responding to challenging behavior that promotes the understanding that kids with behavioral challenges lack the skill—not the will—to behave, specifically, skills related to problem-solving, flexibility, and frustration tolerance. The approach was developed by Think:Kids. Research has shown that Collaborative Problem Solving reduces challenging behavior, stress levels, and punitive responses and teaches kids the skills they lack while building helping relationships with adults. Contact ThinkKidsInfo@Partners.org with any questions.

Think:Kids
MASSACHUSETTS GENERAL HOSPITAL

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