### **Executive Learning Community**



# 2023 Northeast Texas School Mental Health

A Premier Learning Experience to Advance School Mental Health in Your District

#### **OUR CHALLENGE**

1 in 5 CHILDREN in the U.S. show symptoms of **MENTAL HEALTH DISORDERS** each year\*

2nd leading CAUSE OF DEATH for children ages 10-24 is **SUICIDE**\*

School districts are overwhelmed as they work to meet the needs of students and educators.

#### THE SOLUTION

Effective school mental health programs are critical to improving student outcomes, well-being and academic achievement.

The Meadows Mental Health Policy Institute is leading a 12-month learning experience that equips districts to effectively develop and implement evidence-based school mental health programs. This opportunity is free of cost thanks to the generous support of the Texas Pioneer Foundation.

#### **PROJECT GOALS**

- Equip North Texas district leaders with the tools to evaluate and enhance their behavior and discipline systems to reduce exclusionary discipline
- Foster collaboration between district leaders and community partners
- Increase access to mental health care by leveraging the school system

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MEADOWS MENTAL HEALTH POLICY INSTITUTE

#### WHO WE ARE:

The Meadows Mental Health Policy Institute provides **independent**, **nonpartisan**, **data-driven**, **and trusted policy and programmatic recommendations for creating equitable**, **systemic change**. We are a nonprofit organization that works closely with districts across Texas building sustainable mental and behavioral health systems that serve all students and educators.

Our team of school mental health experts includes former school district and education service center leaders, mental and behavioral health systems leadership, licensed clinical professionals, evaluation experts, policy analysts, and more.

The Meadows Institute is uniquely positioned as the only entity in Texas that works to **put school mental health** research, policy, and best practices into action—and into the hands of educators who do the work and need the help building systems that support their students and staff.

## EXECUTIVE LEARNING COMMUNITY MEMBER BENEFITS INCLUDE:

- Access to an exclusive peer-learning space to collaborate, innovate, and implement with other district leaders facing similar challenges
- Professional executive networking opportunities with other district leaders and high impact community partners
- A curated professional learning curriculum developed by school mental health experts at the Meadows Institute and its network of partner organizations

#### **Participating School Districts**

- Chapel Hill ISD
- 2. Chisum ISD
- 3. Clarksville ISD
- 4. Como-Pickton ISD
- 5. Cooper ISD
- 6. Cumby ISD
- 7. Daingerfield-Lone Star ISD
- 8. Harts Bluff ISD
- 9. Honey Grove ISD
- 10. Hughes Spring ISD
- 11. Jefferson ISD
- 12. Linden-Kildare CISD
- 13. New Boston ISD
- 14. North Hopkins ISD

- 15. Northeast Texas Community College
- 16. Mount Vernon ISD
- 17. Paris ISD
- 18. Paris Junior College
- 19. Pewitt CISD
- 20. Queen City ISD
- 21. Red Lick ISD
- 22. Redwater ISD
- 23. Simms ISD
- 24. Sulphur Bluff ISD
- 25. Texarkana ISD
- 26. Texarkana Community College

## 23 districts, 3 community colleges: 28,257 students represented

Participants include district-level decision makers and senior program leaders.

**QUESTIONS?** 

For more information please contact:

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