

# Executive Learning Community

MEADOWS MENTAL HEALTH POLICY INSTITUTE



## 2023 Tarrant County School Mental Health

A Premier Learning Experience to Advance School Mental Health in Your District

### OUR CHALLENGE

**1 in 5 CHILDREN** in the U.S. show symptoms of **MENTAL HEALTH DISORDERS** each year\*

**2nd** leading **CAUSE OF DEATH** for children ages 10-24 is **SUICIDE**\*

School districts are overwhelmed as they work to meet the needs of students and educators.

### THE SOLUTION

Effective school mental health programs are critical to improving student outcomes, well-being and academic achievement.

The Meadows Mental Health Policy Institute is leading a **12-month, premier learning experience** that equips districts to **effectively develop and implement evidence-based school mental health programming**. This opportunity is **free** to all participating districts.

### PROJECT GOALS

- Equip Tarrant County districts with evidence-based tools to implement a comprehensive school mental health program
- Foster collaboration between district leaders and community partners
- Increase access to mental health care by leveraging the school system

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## WHO WE ARE:

The Meadows Mental Health Policy Institute provides **independent, nonpartisan, data-driven, and trusted policy and programmatic recommendations for creating equitable, systemic change**. We are a nonprofit organization that works closely with districts across Texas building sustainable mental and behavioral health systems that serve all students and educators.

Our team of school mental health experts includes former school district and education service center leaders, mental and behavioral health systems leadership, licensed clinical professionals, evaluation experts, policy analysts, and more.

The Meadows Institute is uniquely positioned as the only entity in Texas that works to **put school mental health research, policy, and best practices into action—and into the hands of educators** who do the work and need the

## EXECUTIVE LEARNING COMMUNITY MEMBER BENEFITS INCLUDE:

- Access to an exclusive peer-learning space to collaborate, innovate, and implement with other district leaders facing similar challenges
- Professional executive networking opportunities with other district leaders and high impact community partners
- A curated professional learning curriculum developed by school mental health experts at the Meadows Institute and its network of partner organizations
- Support developing a customized program implementation plan leveraging the best and latest school mental health research

## Questions?

For more information please contact:

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## PARTICIPATING SCHOOL DISTRICTS

### Tarrant County Executive Learning Community Members

1. Academy of Visual and Performing Arts
2. Aledo ISD
3. Arlington ISD
4. Azle ISD
5. Birdville ISD
6. Crowley ISD
7. Eagle Mountain Saginaw ISD
8. Everman ISD
9. Fort Worth ISD
10. Hurst Eules ISD
11. Northwest ISD
12. Rocketship Public Schools
13. White Settlement ISD

### 13 districts: 268,599 students represented

Participants include district-level decision makers and senior program leaders.