

Executive Learning Community

MEADOWS MENTAL HEALTH POLICY INSTITUTE



School Mental Health Executive Learning Communities

Premiere Learning Experiences to Advance School Mental Health in Texas

OUR CHALLENGE

1 in 5 CHILDREN in the U.S. show symptoms of **MENTAL HEALTH DISORDERS** each year*

2nd leading **CAUSE OF DEATH** for children ages 10-24 is **SUICIDE***

COVID-19 exacerbated the nation's growing mental health crisis, overwhelming school districts as they work to meet the needs of students and educators.

While effective school mental health programs are critical to improving student well-being and academic achievement, little practical guidance exists for school leaders on how to establish robust, district-wide, comprehensive school mental health systems.

OUR SOLUTION

Meadows Mental Health Policy Institute School Mental Health Executive Learning Communities (ELCs) provide a yearlong, one-of-a-kind opportunity for executive school district leaders to learn and collaborate on best practices and leverage Multi-Tiered Systems of Support to build and improve their school-based mental health systems.

We know that comprehensive school-based mental health systems can dramatically improve outcomes for the emotional wellness of students, their families, and educators, yet, until now, there has been no space for executive-level Texas school district leaders to learn together, find solutions, and build capacity.

"The Meadows Institute Executive Learning Community allowed my district to hone in on issues, rethink them, and create responses to the issues with the personnel in place making a great impact on our district." - Former ELC Participant

Executive Learning Community

MEADOWS MENTAL HEALTH POLICY INSTITUTE

EXECUTIVE LEARNING COMMUNITY GOALS

- Equip districts with evidence-based tools to implement comprehensive school mental health programs throughout Texas
- Increase access to mental health care by leveraging the school system
- Foster collaboration between district leaders, regional Education Service Centers, and community partners

EXECUTIVE LEARNING COMMUNITY MEMBER BENEFITS INCLUDE:

- A year-long cohort learning experience
- A curated, evidence-based, professional learning curriculum made up of approximately 10 sessions developed by school mental health experts at the Meadows Institute
- Access to an exclusive peer-learning space to collaborate, innovate, and implement with district leaders facing similar challenges
- Professional executive networking opportunities with other district leaders, local community providers, and philanthropic partners
- Support in developing an action plan to address district needs

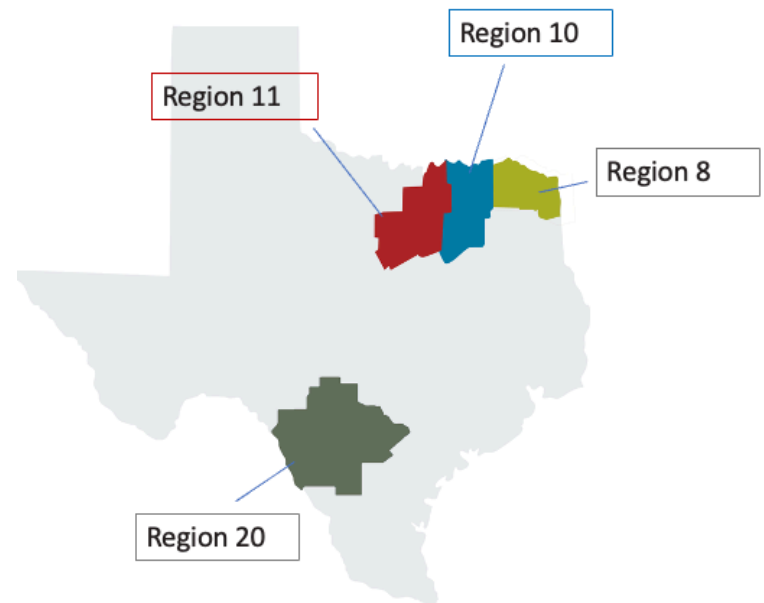
EDUCATION PATHWAYS

The Meadows Institute offers a variety of school mental health learning tracks, from introductions to comprehensive school mental health systems to intensive tracks on specific topics such as school discipline or school mental health financing and sustainability. Each learning track is tailored to the needs of each learning community and includes topics such as:

- Brain Science
- Multi-Tiered Systems of Support
- Data and Evaluation
- Funding and Sustainability
- Trauma and Grief
- Adult Wellness

52 School Districts: 600,000+ Students Represented

Currently in partnership with 4 Regional Education Service Centers (ESCs)



QUESTIONS?

For more information please contact:

Linda Webb, PhD, Senior Vice President for Education Initiatives | lwebb@mmhpi.org