

Executive Learning Community

MEADOWS MENTAL HEALTH POLICY INSTITUTE



2024 North Texas School Mental Health

A Premier Learning Experience to Advance School Mental Health in Your District

OUR CHALLENGE

1 in 5 CHILDREN in the U.S. show symptoms of **MENTAL HEALTH DISORDERS** each year*

2nd leading **CAUSE OF DEATH** for children ages 10-24 is **SUICIDE***

School districts are overwhelmed as they work to meet the needs of students and educators.

OUR SOLUTION

Effective school mental health systems are critical to improving student outcomes, well-being, and academic achievement.

Join the Meadows Mental Health Policy Institute for a **12-month learning experience** that equips district leaders with **evidence-based tools to strengthen their school mental health systems**. This opportunity is provided free of cost, thanks to the generous support of our partner, Texas Health Resources (THR).

APPLY NOW

How to Apply:

Applications open from January 15 through January 29 for Region 10 Education Service Center (ESC) school districts.

Capacity will be limited. Submit your application and learn more [here](#).

PROGRAM DETAILS

Who Should Apply:

This opportunity targets district executives and student support leaders responsible for developing and implementing school mental and behavioral health programs. This Executive Learning Community is brought to you in partnership with THR and is only available to school districts within the Region 10 ESC. Each district accepted can send up to 4 district leaders to participate.

Timeline:

Executive Learning Community members will attend ten **2-hour in-person sessions** from **February 2024 to February 2025**. The Meadows Institute will work closely with Learning Community participants to develop a meeting schedule responsive to district needs.

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Who We Are:

Independent and nonpartisan, the Meadows Mental Health Policy Institute **works at the intersection of policy and programs to create equitable systemic changes so all people in Texas, the nation, and the world can obtain the health care they need.** We are a nonprofit organization that works closely with districts across Texas building sustainable mental and behavioral health systems that serve all students and educators. Our team of school mental health experts includes former school and district leaders, mental and behavioral health systems leadership, licensed clinical professionals, evaluation experts, policy analysts, and more.

The Meadows Institute is uniquely positioned to **put school mental health research, policy, and best practices into action—and into the hands of educators** who do the work and need the help building systems that support their students and staff.

Executive Learning Community member benefits include:

- A year-long cohort learning experience
- A curated, evidence-based, professional learning curriculum developed by school mental health experts at the Meadows Institute
- Access to an exclusive peer-learning space to collaborate, innovate, and implement with district leaders facing similar challenges
- Professional executive networking opportunities with other district leaders, local community providers, and philanthropic partners
- Support developing an action plan to address district needs

Curriculum topics are tailored to the needs of each learning community and include:

- Brain Science
- Multi-Tiered Systems of Support
- Data and Evaluation
- Funding and Sustainability
- Trauma and Grief
- Adult Wellness

QUESTIONS?

For more information please contact:

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