

Welcome!

| 1

Attendance Sign-in



Please sign-in, grab breakfast, and say hello to someone you haven't met before!

We are so glad you're here!

Asset Mapping and Gap Analysis

North Texas School Mental Health Executive Learning Community
September 18, 2024

Your Presenters



Edna Henderson, LCSW
*Assistant Director for School
Mental Health*



Rohanna Sykes, LPC-S
*Assistant Director for School
Mental Health*

Networking

Introduce yourself to someone new and discuss:

Any wins or celebrations for the beginning of this school year.



Cohort Norms

- Our base norms:
 - Participate
 - Be present
 - Vulnerability
 - Share
 - Give feedback
- Any additions?

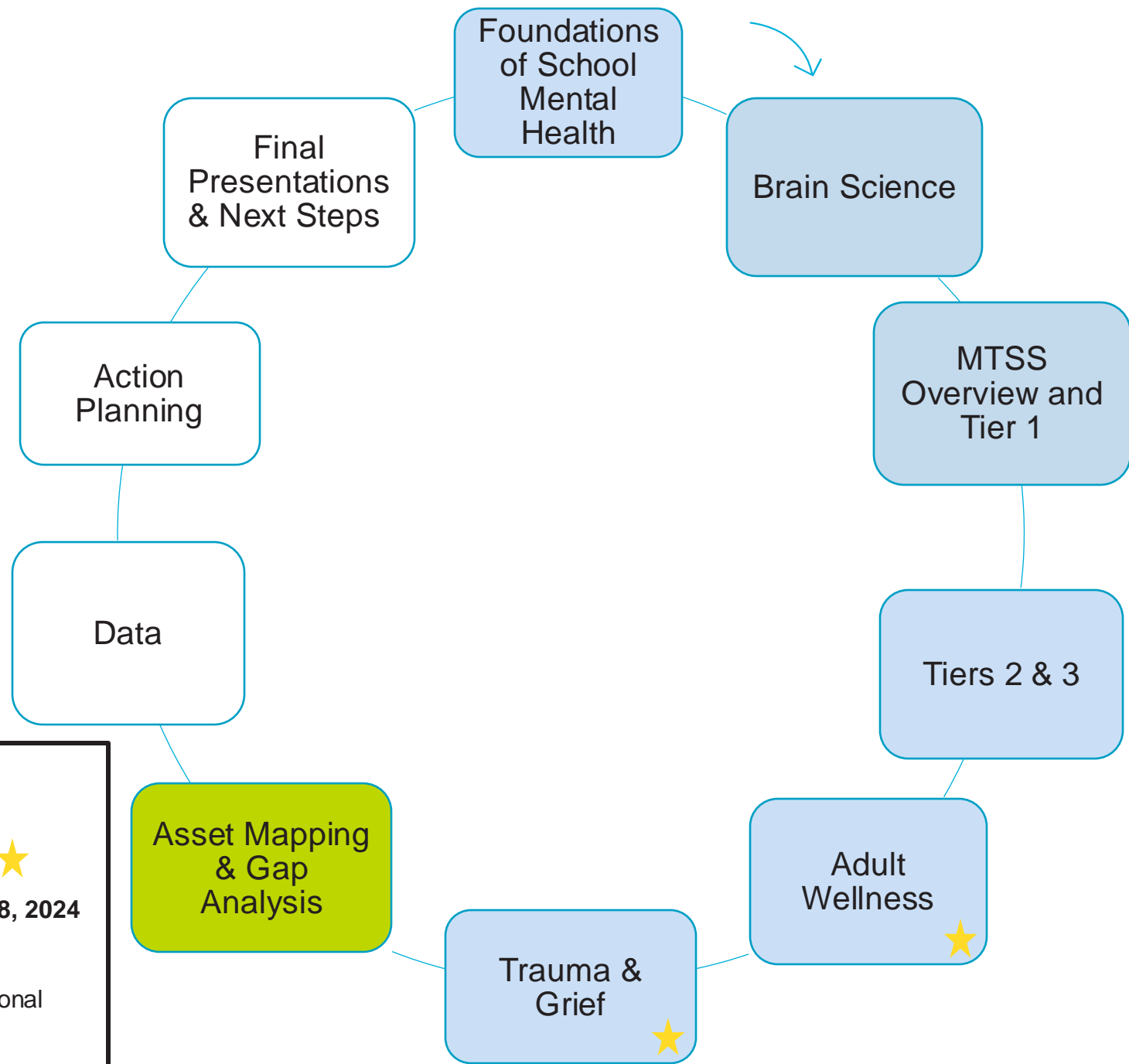


Updates

- MMHPI staff update
- Learning sequence update



North Texas ELC Learning Sequence



Additional Information

- **End Date:** December 4, 2024
- **Virtual Sessions:** June & August ★
- **Bonus Virtual Sessions:** October 8, 2024 and January 21, 2025
- Each session is 2 hours with an optional third hour.

Agenda

- 
- The Power of Partnerships
 - Family Partnerships
 - Community Partnerships
 - Asset Mapping
 - Gap Analysis
 - Action Plan

Learning Objectives



Understand the importance of partnerships in having a strong school mental health system.



Complete an asset map and analyze your district partnerships.



Conduct a gap analysis of your district partnerships to identify how to strengthen or create new relationships.

Recap

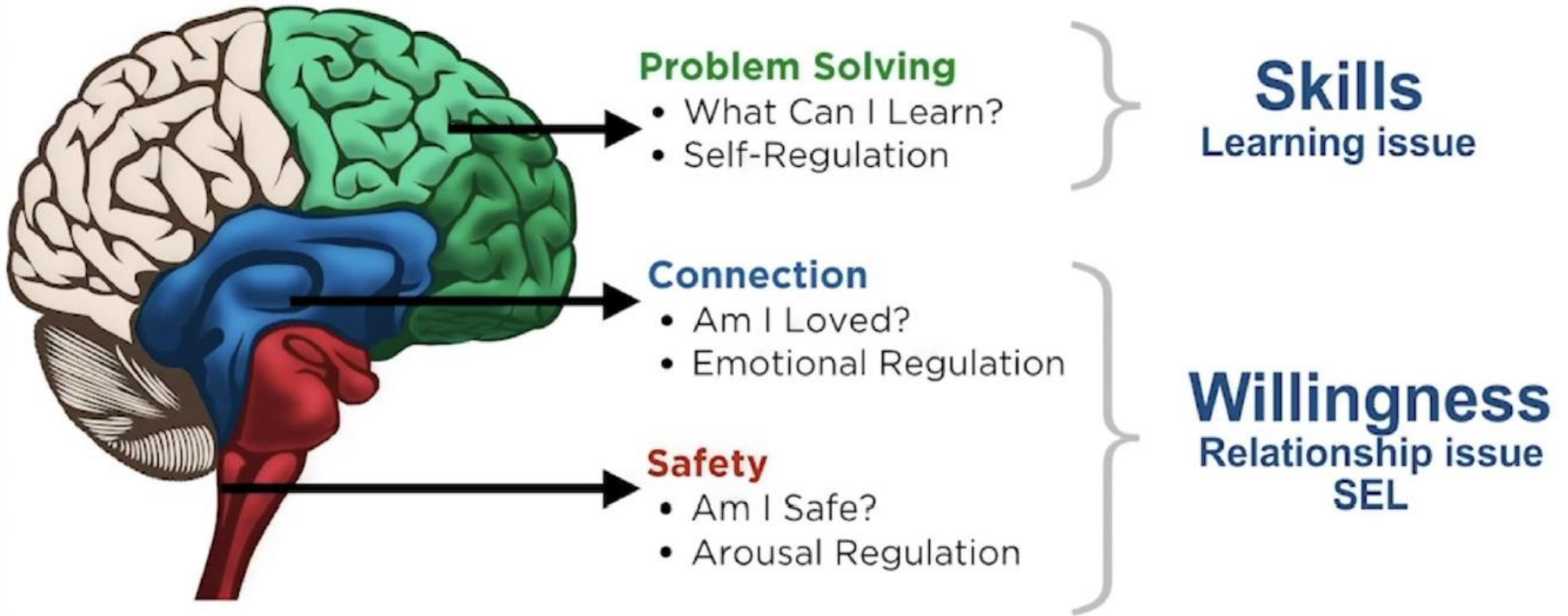
February: Foundations of School Mental Health



Schools are well-positioned to minimize mental health challenges because they are:

1. In **every community**, which helps overcome barriers to accessing care.
2. **Trusted** by families who often need help navigating mental health systems.
3. Perceived as **non-stigmatizing venues** for mental health services and support.

March: Brain Science & the Brain State Model

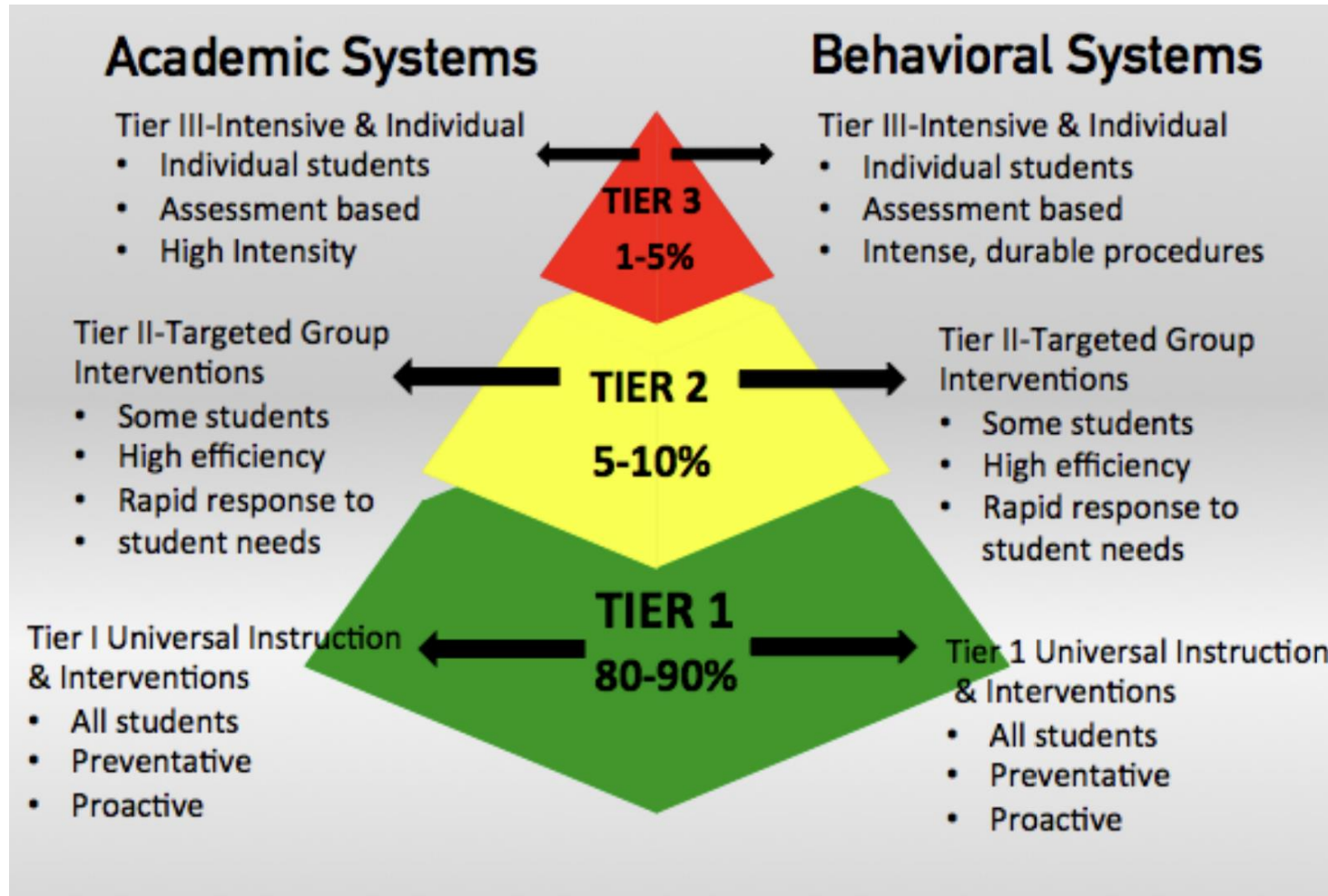


April & May: Multi-Tiered System of Supports (MTSS)

Testing –
Dyslexia
Intervention

Reading
Intervention

Paragraph
Writing
Strategies



Long term
counseling

Conflict
Resolution
Group

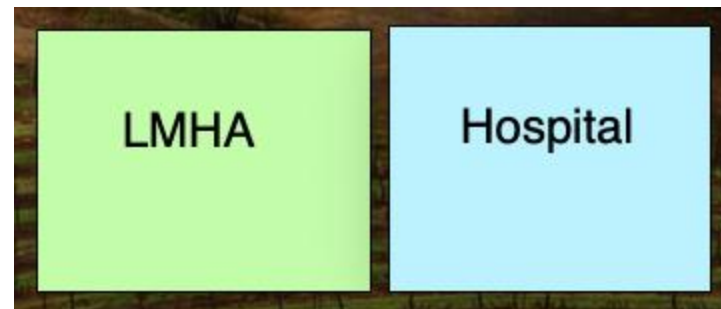
Guidance
Lesson:
Conflict &
Bullying

The Power of Partnerships

Cross-Systems Partnering for Student Support

Partnerships

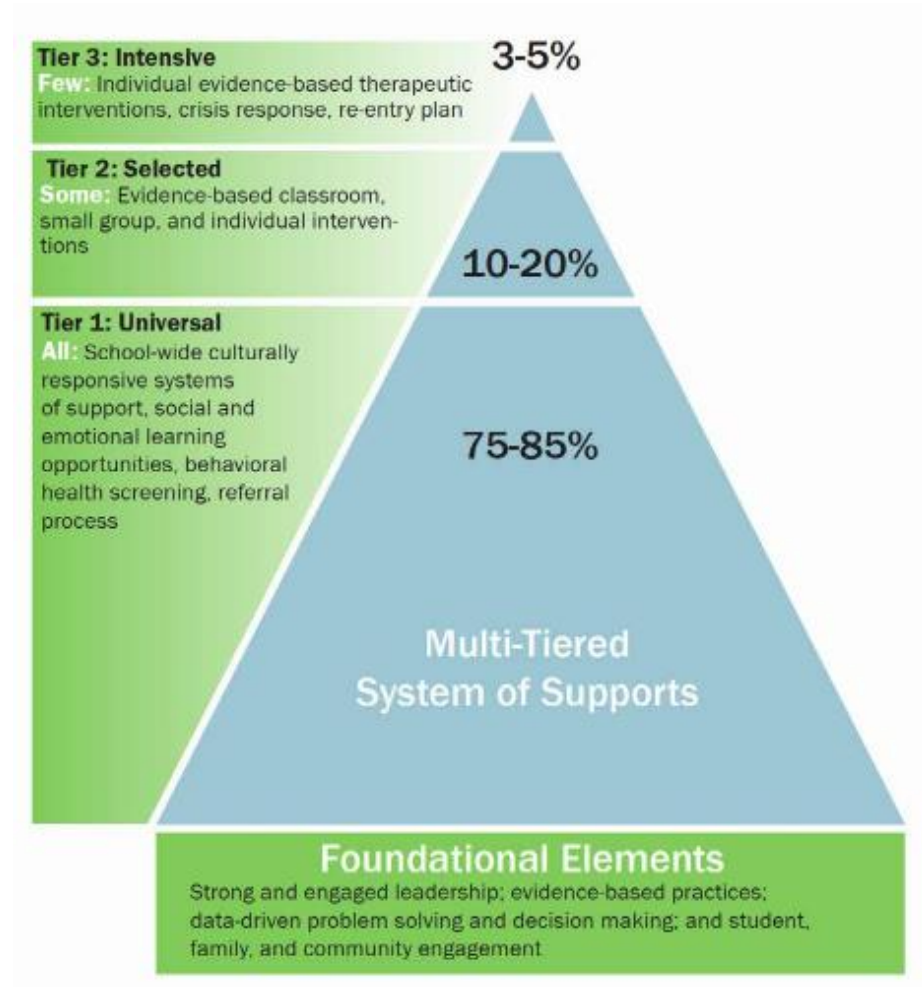
- A partner is one that is united or associated with another or others in an activity or a sphere of common interest.
 - Meet the needs of students, staff, and/or families.
- With your table, write one type/category of partnerships your district has.
 - Write one **type/category** per sticky note.
 - Do **not** use specific partner names.
- Share out.
 - Each group will share one type/category of partner, it will be placed on our larger sheet.
 - No repeats.



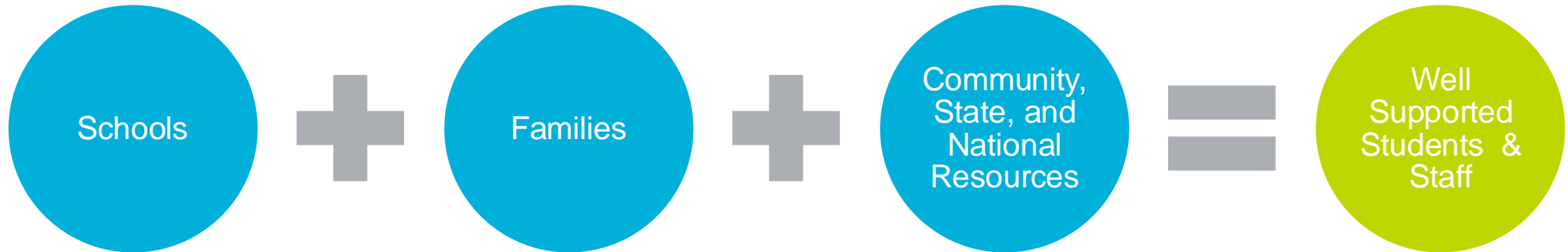
Foundational Elements of Multi-Tiered Systems of Support (MTSS)

Foundational Elements of a MTSS include:

- Strong and engaged leadership
- Evidence-based practices
- Data-driven problem-solving and decision-making
- **Student, family, and community engagement**



The Power of Partnerships



Family Partnerships

Families Create a Child's Foundation

We think of family as the people in a child's life with a vested interest in their well-being and educational success.

Family, school, and community members are critical partners in developing an effective and responsive support system where all have the opportunity to thrive.



Families are Unique and Diverse

Families can vary in structure, size, ethnicity, religion, and many more aspects.

How else can families be unique and diverse?



Family Partnerships

Through effective family engagement, families and schools work together to create the conditions for ongoing collaboration and coordination.

The basic elements of partnering with families include:

- Building positive relationships
- Engaging in two-way communication
- Ensuring equitable family representation
- Making meaningful data-driven decisions

Schools Can Focus on Families in 3 Different Ways

Family Engagement

Processes used to build trusting relationships

Examples include:

- Establishing inclusive communication
- Embracing cultural connections
- Addressing the needs of children and families

Family Involvement

Efforts to leverage family members as partners and decision-makers in their children's education

Examples include:

- Home-based activities e.g., reading at home and helping with homework
- School-based strategies e.g., communicating with teachers and attending school related events

Parental Education

Training to enhance parenting practices

Examples include:

- Practicing positive discipline techniques with parents
- Teaching age-appropriate child development skills and milestones
- Promoting positive interactions between parents and their children
- Helping parents locate and access community resources and services

Common Barriers to Family Partnerships

Lack of clear communication

Absence of relationships

Time limitations

Conflict with work responsibilities

Childcare needs

How do you partner with families?

- Three chart papers are around the room titled “Family Engagement,” “Family Involvement,” and “Parental Education.”
- On a sticky note, write down how you partner with families in each category and stick it to the corresponding chart paper.
 - One idea per sticky note.
- Share out.
 - We will review a few ideas and share the rest with you in a follow-up email.

Attendance Sign-in



<https://bit.ly/3v39frZ>

Break- 10 minutes



Community Partnerships

Community Partnerships

Community partnerships strengthen student academic performance.

- A spectrum of social, health, and academic needs are necessary for school success.
- Research shows that when schools, parents, families, and communities work together, students (1) earn higher grades, (2) attend school more regularly, (3) stay in school, and (4) are more motivated. This is true across all ages, backgrounds, races, and ethnicities.
- High-quality schools have demonstrated track records connecting community resources and families to improve student outcomes in all domains of development.

Best Practices in School Mental Health



Mental health as part of overall health & wellness



Teacher wellness programs and support



Screening, identification, and referral systems



Stigma reduction



Social & emotional learning and resilience



Positive behavior interventions & supports



School-based health centers supporting mental health



Trauma-informed practice



Partnerships with mental health professionals



Suicide prevention initiatives

Community Partnerships Increase Access to Mental Health Supports

One major goal of community partnerships is to **provide accessible mental health services and supports to all students** when and where they need them.

Connecting families to community providers:

- Increases **awareness** and **access** to resources and available supports.
- Increases mental health **services** to students and families.

Core Partnerships and Additional Resources

Core Partnerships

- Education Service Center
- Texas Child Health Access Through Telemedicine (TCHATT)
- Local Mental Health Authority

Additional Resources

- Lucine Center
<https://lucinecenter.com>
- TEA Texas School Mental Health Resource Database
<https://schoolmentalhealthtxdatabase.org>
- Brain Builders
<https://brainbuilders.org>

Asset Mapping

What Needs Do Students Have?

- How many of these categories impact a student's social or emotional well-being?
- In what categories do we already have partnerships that help meet student needs?
- **In what categories can we leverage partnerships to help meet student needs?**

Maslow's Hierarchy of Needs



Analyze Partnerships with Maslow's Hierarchy of Needs

List existing partnerships in the worksheet provided. The worksheet is organized by the different categories in Maslow's Hierarchy of Needs.



Gap Analysis

Gap Analysis

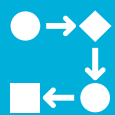
Discuss with your district teams:

- What needs should be met more fully?
- Where do services overlap? Is this overlap needed?
- Could some existing services be expanded? How? Where?
- Would it be beneficial for some partnerships to be repurposed?

Gap Analysis: A Work in Progress



Continue collaborating with other district leaders for a more comprehensive asset map of community partnerships district-wide.



Revisit the asset map and gap analysis as a team to determine what additional partners need to be engaged.



Collect and analyze data to make adjustments based on your district's and your partners' needs.

Summary

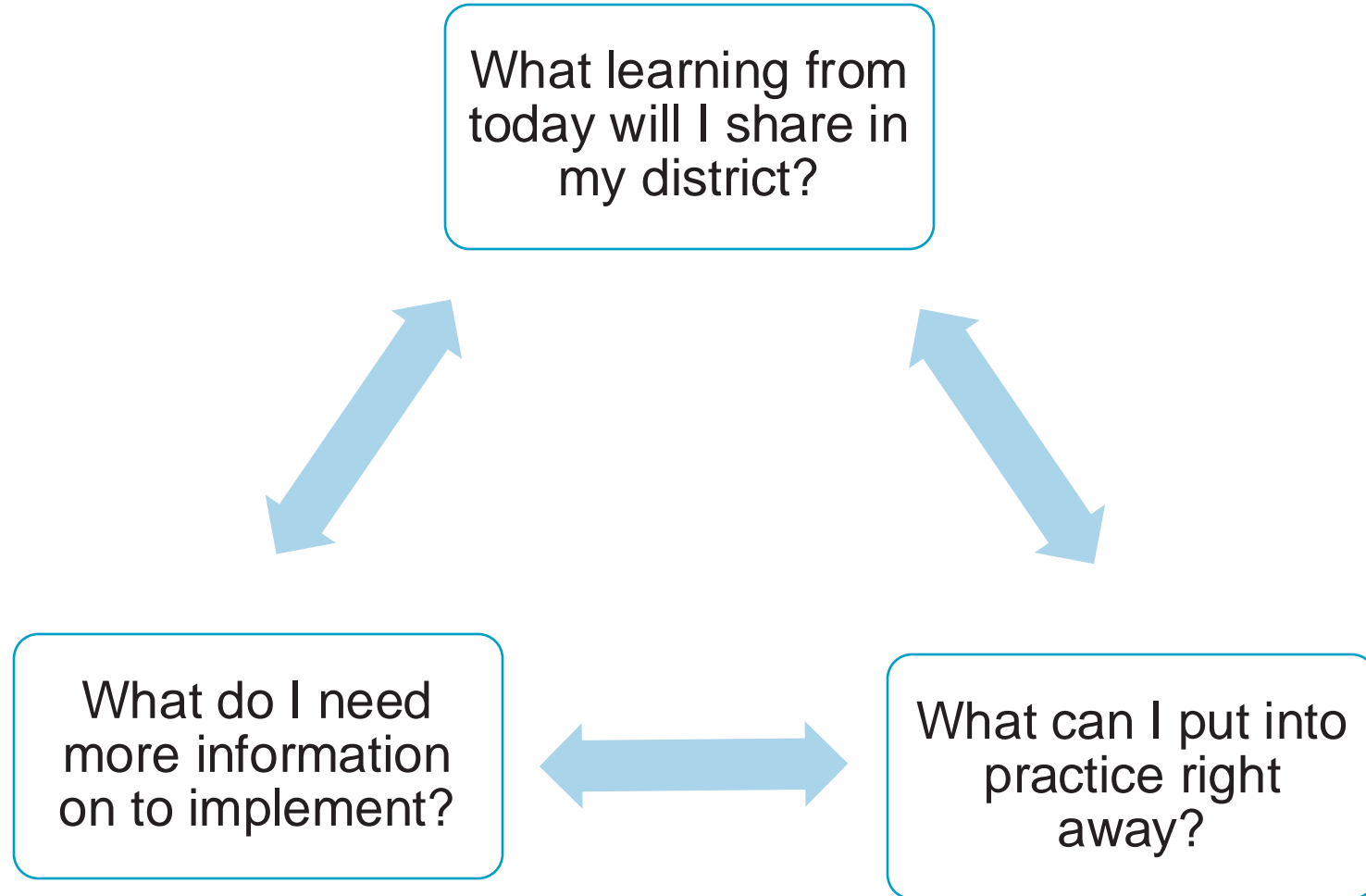


Partnerships are an important component of a strong school mental health system.



You have completed a district asset map and gap analysis. As a team, revisit them to identify additional partners to engage.

Key Take Aways



Action Plan

Action Plan: Reminder

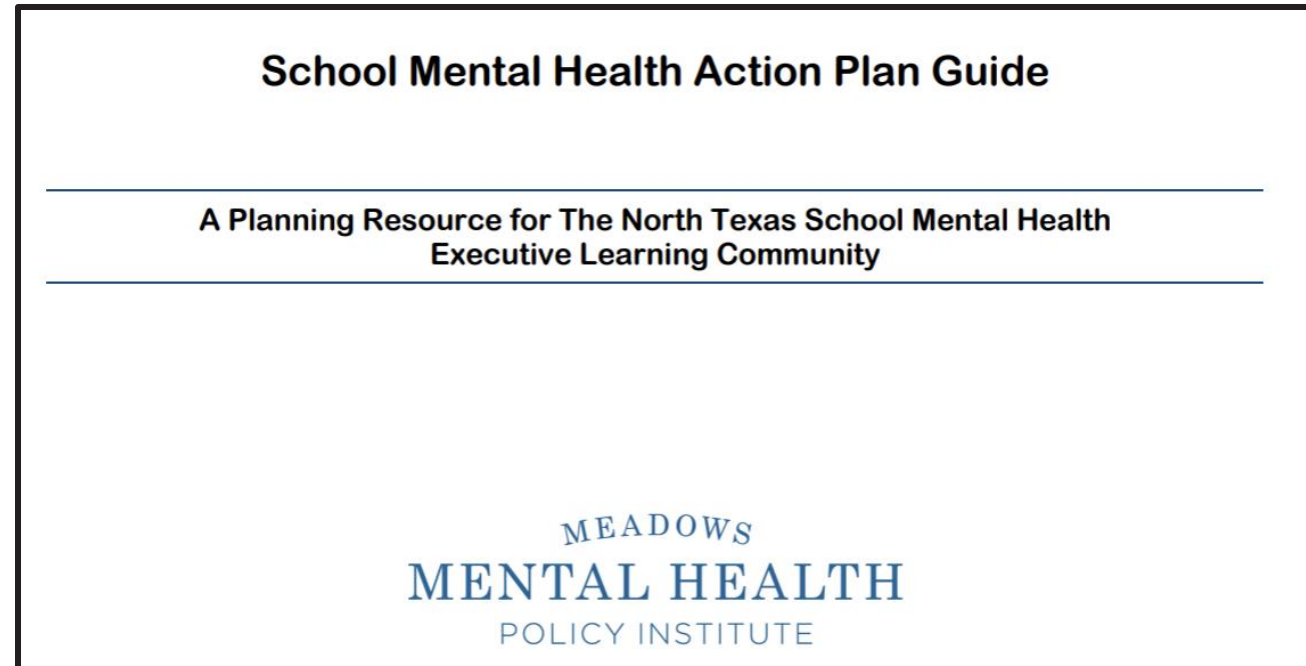
Expectations

- Throughout the ELC, we will designate teamwork time to work on the action plan.
- Each activity builds towards the full action plan and a presentation.
- Your team will present your action plan during the last session.



Action Plan Guide: Activity 2

- For the rest of the session, work with your district teams on:
 - **Activity 2: Exploring Evidence (Data) and Identifying Outcomes**
- Complete by our next session.



Feedback Survey & What's Coming Up Next

Please assist us in making the time you spend with us valuable by providing your feedback.



<https://bit.ly/4a4g1MS>

Coming up next...

October 8, 2024

MTSS with Midland ISD

(virtual- registration link will be sent)

and

October 16, 2024

Leveraging Data and Evaluation

Community Partner

Charles Butt Foundation

Texas Health Resources

Community Partner

Thank You

Reach out to Edna Henderson for questions at
ehenderson@mmhpi.org

 **THE HACKETT CENTER**
FOR MENTAL HEALTH

TRAUMA & GRIEF CENTER AT
THE HACKETT CENTER

MEADOWS
MENTAL HEALTH
POLICY INSTITUTE

CENTER FOR CHILD AND FAMILY WELLNESS

PASO *del* NORTE CENTER
Meadows Mental Health Policy Institute

CENTER FOR JUSTICE AND HEALTH