

MEADOWS
MENTAL HEALTH
POLICY INSTITUTE

TRAUMA AND GRIEF
CENTER

Multicultural Considerations: Training Resources

Trauma and Grief (TAG) Center General Resources:

- [Trauma and Grief Center, Meadows Mental Health Policy Institute](#)
- [Lucine Center for Trauma and Grief](#)
Provides free, evidence-based, individual teletherapy services to youth, ages 7-21, who have experienced trauma and/or loss
Daniel Martinez, Intake Coordinator (832) 244-9502

Culture, Trauma, and Loss Resources:

- [Responding to Microaggressions in the Classroom: ACTION Model](#)
- [Cultural Humility Overview](#)
- [The Danger of a Single Story](#): Ted Talk by Chimamanda Ngozi Adichie

Books and Videos:

- *Addressing Cultural Complexities in Counseling and Clinical Practice (2022)*
Pamela Hays, PhD
- *Cultural Humility: Engaging Diverse Identities in Therapy (2017)*
Joshua N. Hook, Don Davis, Jesse Owen, & Cirleen DeBlaere

General Resources for Trauma and Grief in Youth:

[National Child Traumatic Stress Network](#) [National Association of School Psychologists](#)

For additional information related to these resources, contact:

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