Leveraging Data and Evaluation

North Texas School Mental Health Executive Learning Community
October 16, 2024

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Our Team Presenting Today

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Vision, Mission, Core Change Strategy

Vision: We envision Texas to be the national leader in treating people with mental health needs.

Mission Statement: Independent and nonpartisan, the Meadows Mental Health Policy Institute works at the intersection of policy and programs to create equitable systemic changes so all people in Texas, the nation, and the world can obtain the health care they need.

STATE POLICY

LOCAL SYSTEMS

NATIONAL POLICY

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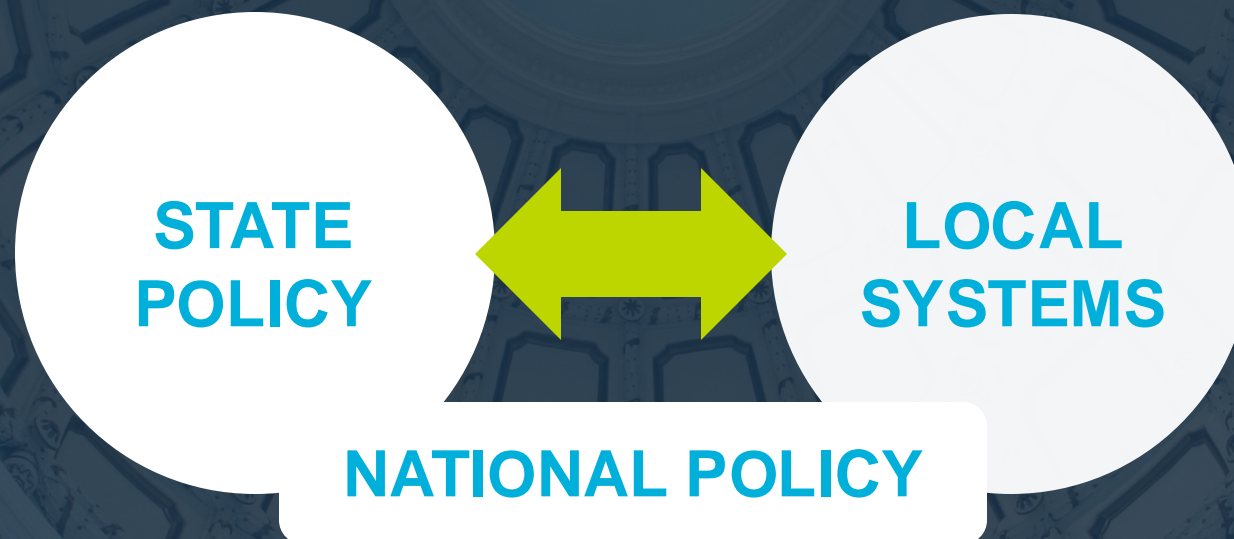
Cohort Norms

- Our base norms:
  - o Participate
  - o Be present
  - o Vulnerability
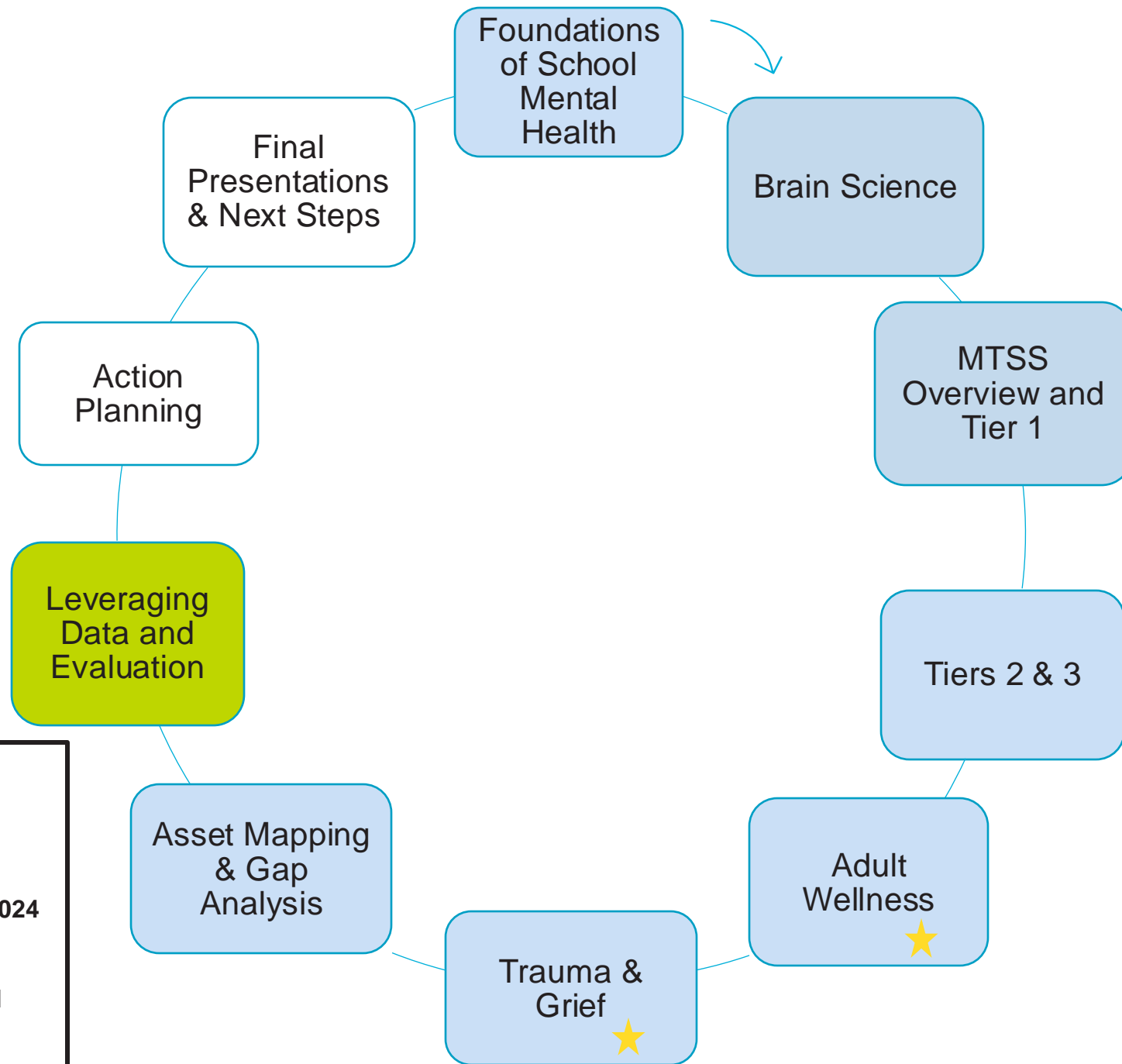 - o Share
  - o Give feedback

- Any additions?

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Updates

- Webinar MTSS Implementation Years of Dedication

- K-12 Mental Health Navigator

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North Texas ELC Learning Sequence

Foundations of School Mental Health

Brain Science

MTSS Overview and Tier 1

Tiers 2 & 3

Adult Wellness

Trauma & Grief

Asset Mapping & Gap Analysis

Leveraging Data and Evaluation

Action Planning

Final Presentations & Next Steps

Additional Information

- **End Date:** December 4, 2024
- **Virtual Sessions:** June & August ⭐
- **Bonus Virtual Sessions: October 8, 2024 and January 21, 2025**
- Each session is 2 hours with an optional third hour.

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Networking

Introduce yourself to someone new
and discuss:

What emojis come to mind when you think
about data? (cheat sheet)

How does thinking about data make you
feel?

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Learning Objectives

Understand the purposes/functions of data and how they can help you demonstrate need and impact.

Collaboratively identify how data can be used throughout phases of school mental health system implementation.

Examine how discipline data can be leveraged to design effective school mental health systems.

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Agenda

- How Data Can Support System Building

- School Mental Health System Data Sources

- Discipline Data Informs Interventions

- Action Plan

- Charles Butt Foundation

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How Data Can Support System Building

Purposes and Functions of Data on Your Journey

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Table Talk: Designing Innovative Mental Health Systems

Using Data to Demonstrate Need and Impact

Quantitative Data
- Surveys
- Numerical datasets

+

Qualitative Data
- Interviews
- Focus-groups

=

Enhanced Program Evaluation

Secure sustainable funding by leveraging data to demonstrate the need for mental health programs and its impact to students and the budget.

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Purposes/Functions of Data in Financial Modeling

Needs

- % of students reporting mental health concerns
- Behavioral and absenteeism records
- School counselor caseload sizes
- # of students not receiving needed services

Services

- Service type
- Service frequency
- Allocated minutes, per service
- Clinical staff required

Costs

- Clinical salaries
- Training
- IT
- Administrative overhead
- Vendors

Timeframe

- Implementation (ramp-up) period
- Funding renewal

Outputs vs. Outcomes

Outputs

- The immediate, tangible products and services that result from activities or interventions, like:
  - # counseling sessions conducted
  - # workshops or trainings for staff and students
  - # mental health resources distributed to students

Outcomes

- The longer-term changes or impacts that result from outputs, like:
  - Total reduction in student absenteeism due to improved mental health
  - Total decrease in behavioral issues or disciplinary actions
  - Improved academic performance among students receiving mental health support
  - Increased resilience and coping skills in student

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Purposes/Functions of Data and Program Evaluation

Reach

Measures number of users or occurrences

Examples:

- Provide 30 trainings per year for parents
- Serve 500 students with counseling per year
- Attend 10 outreach events

Quality

Measures how well the intervention/resource meets clients' needs

Examples:

- Satisfaction surveys by clients/participants
- Days from referral to start of services
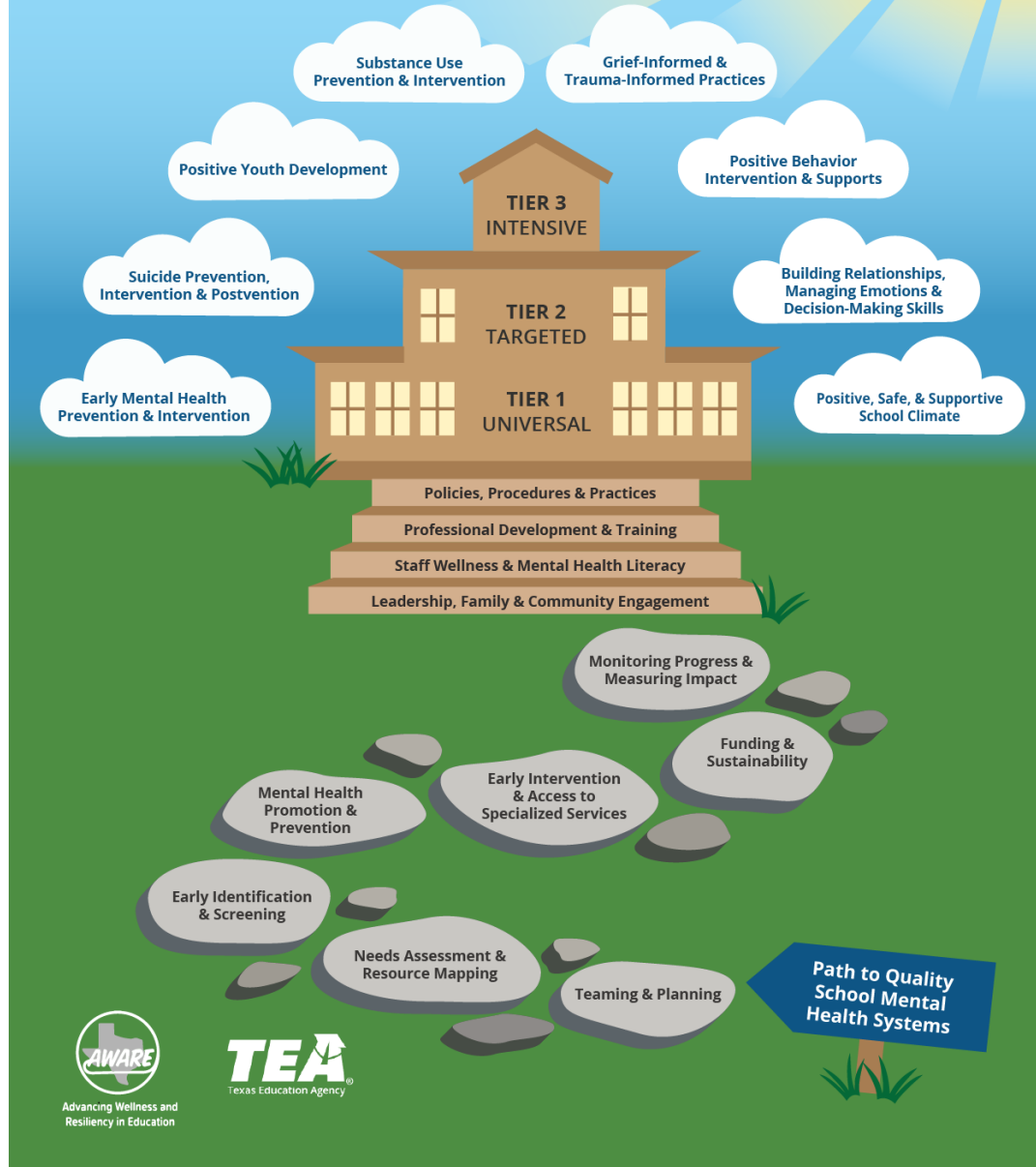- Number of students completing treatment plans

Impact

Measures long-term effect of intervention

Examples:

- Student progress on school success outcomes (grades, behavior, attendance)
- Child and Youth Resiliency Measure (CYRM)

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School Mental Health System Data Sources

Supportive Data Sources for School Mental Health

Texas School Mental Health Framework
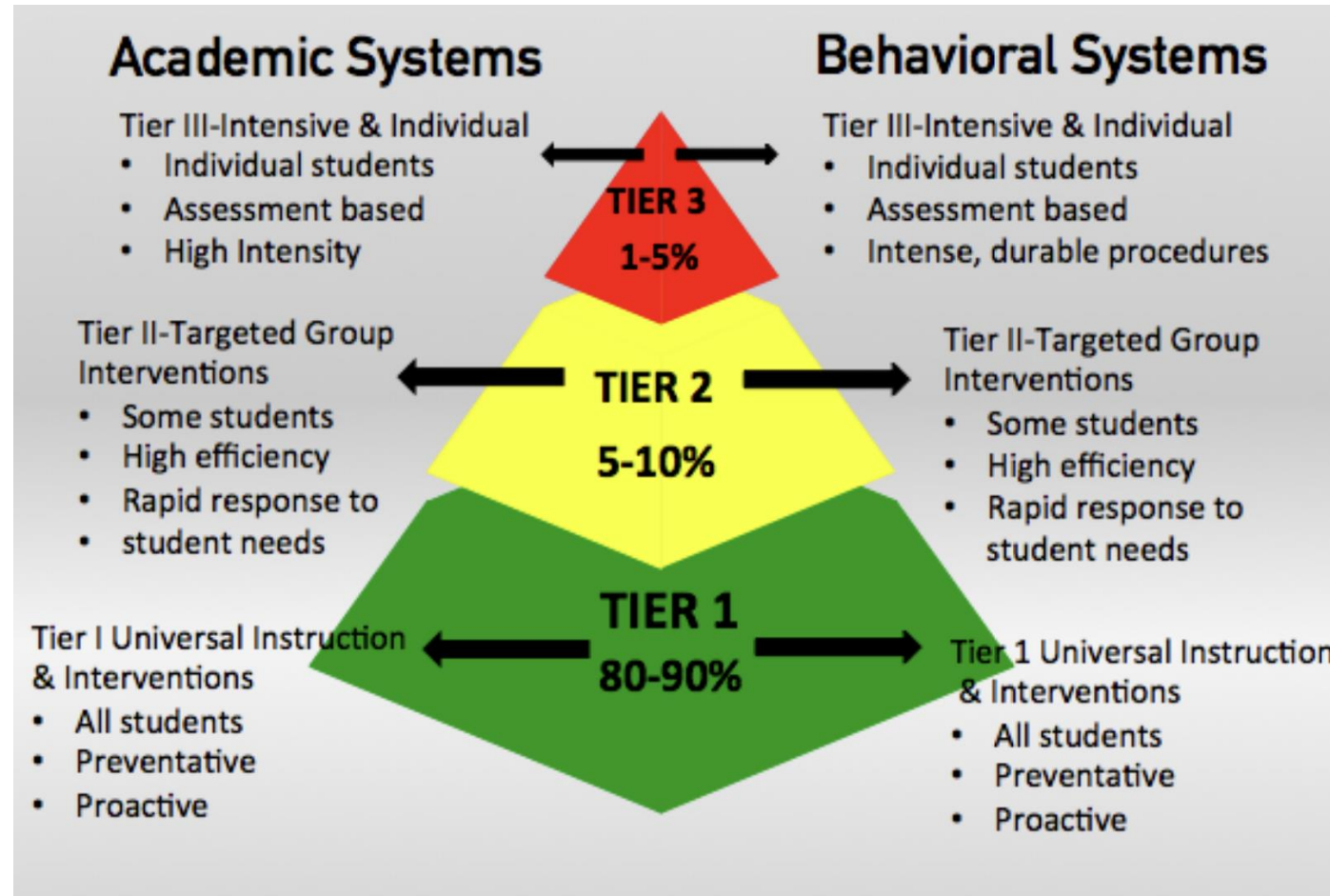Essential Elements for a Safe and Supportive School

Discipline Data Informs Interventions

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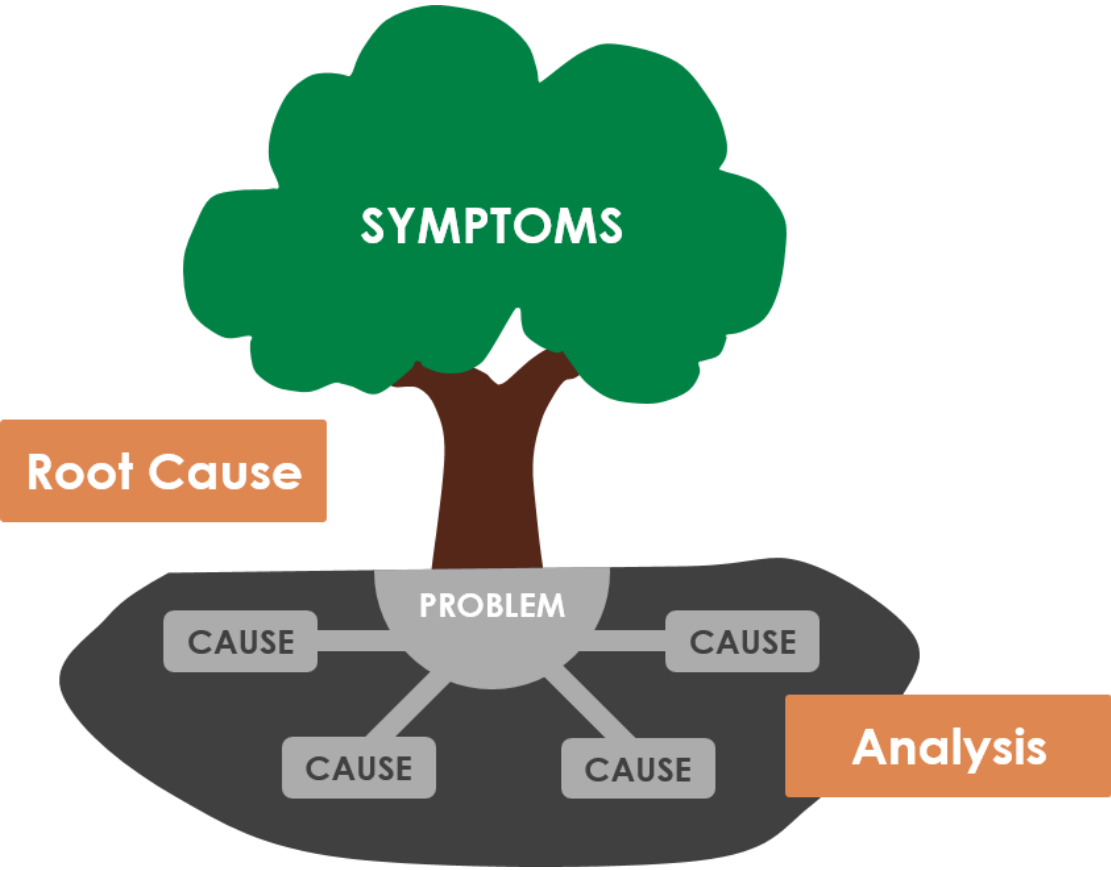
Data Drives Decision-Making for Students

Tier 3: Intensive
Few: Individual evidence-based therapeutic interventions, crisis response, re-entry plan
3-5%

Tier 2: Selected
Some: Evidence-based classroom, small group, and individual interventions
10-20%

Tier 1: Universal
All: School-wide culturally responsive systems of support, social and emotional learning opportunities, behavioral health screening, referral process
75-85%

Multi-Tiered System of Supports

Foundational Elements
Strong and engaged leadership; evidence-based practices; data-driven problem solving and decision making; and student, family, and community engagement.

1. Team-Driven Shared Leadership

2. Family, School, and Community Partnering

3. Layered Continuum of Supports

4. Evidenced-Based Practices

5. **Data-Based Problem Solving and Decision Making**

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Academic and Behavioral Data Drive Interventions

Academic Systems

Tier III-Intensive & Individual
- Individual students
- Assessment based
- High Intensity

Tier II-Targeted Group Interventions
- Some students
- High efficiency
- Rapid response to
- student needs

Tier I Universal Instruction & Interventions
- All students
- Preventative
- Proactive

Behavioral Systems

Tier III-Intensive & Individual
- Individual students
- Assessment based
- Intense, durable procedures

Tier II-Targeted Group Interventions
- Some students
- High efficiency
- Rapid response to student needs

Tier 1 Universal Instruction & Interventions
- All students
- Preventative
- Proactive

TIER 3 1-5%

TIER 2 5-10%

TIER 1 80-90%

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Behavior is Communication

All Behavior is a Form of Communication

yet learned how to handle the frustration of not getting what you

EPISODE 019.

Navigating Lockdowns from Dr. Becky Bailey's Perspective

Real Talk for Real Teachers with Dr. Becky Bailey

Behavior is Communication
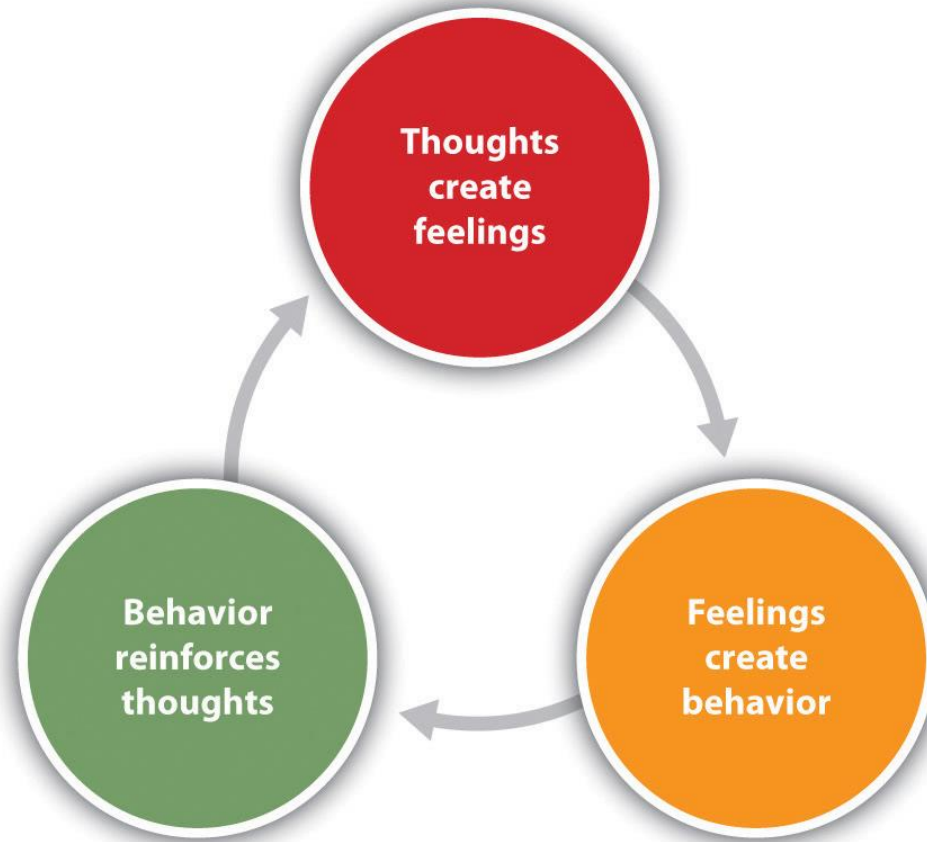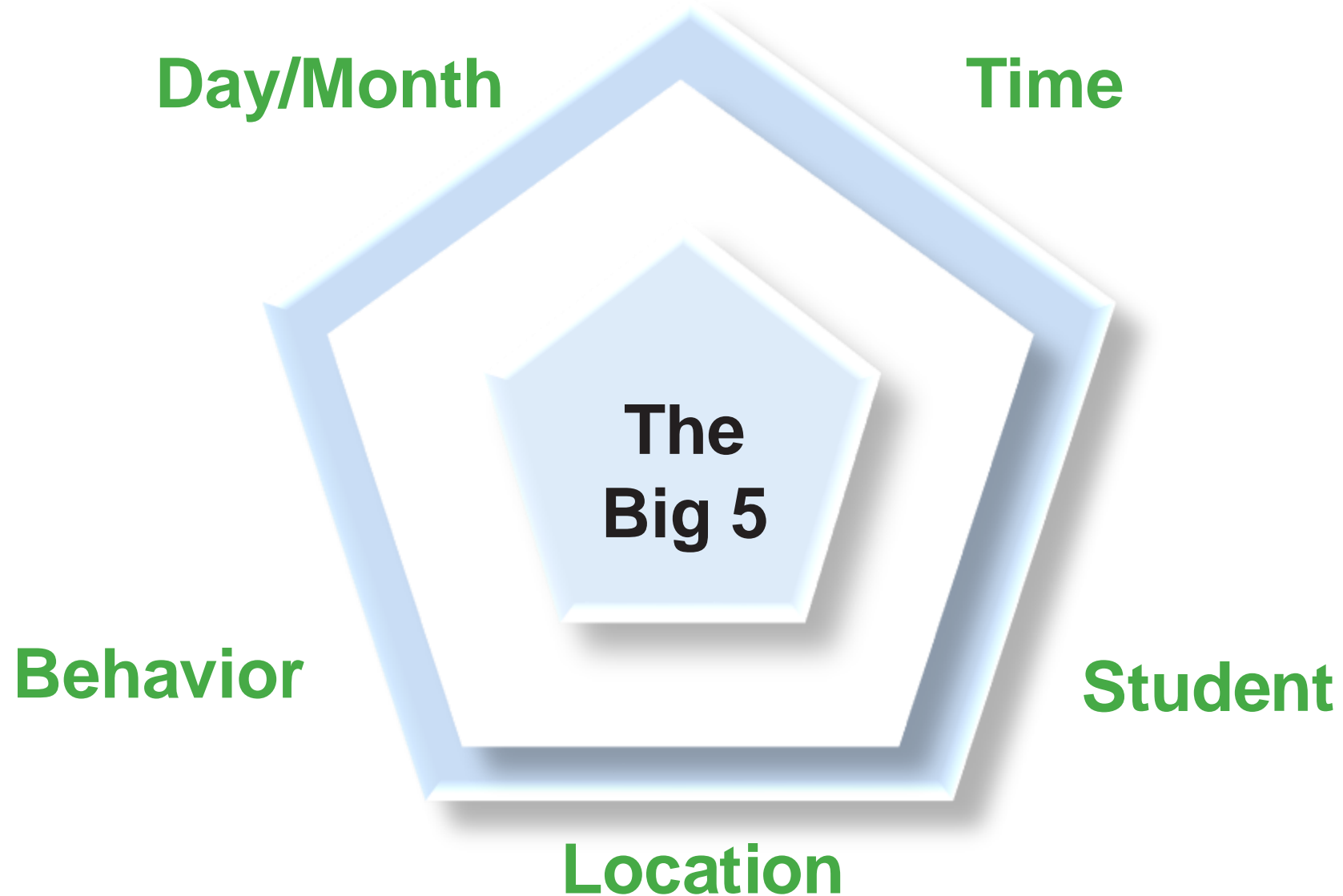
Supportive Discipline Data Sources for School Mental Health

Texas School Mental Health Framework
Essential Elements for a Safe and Supportive School
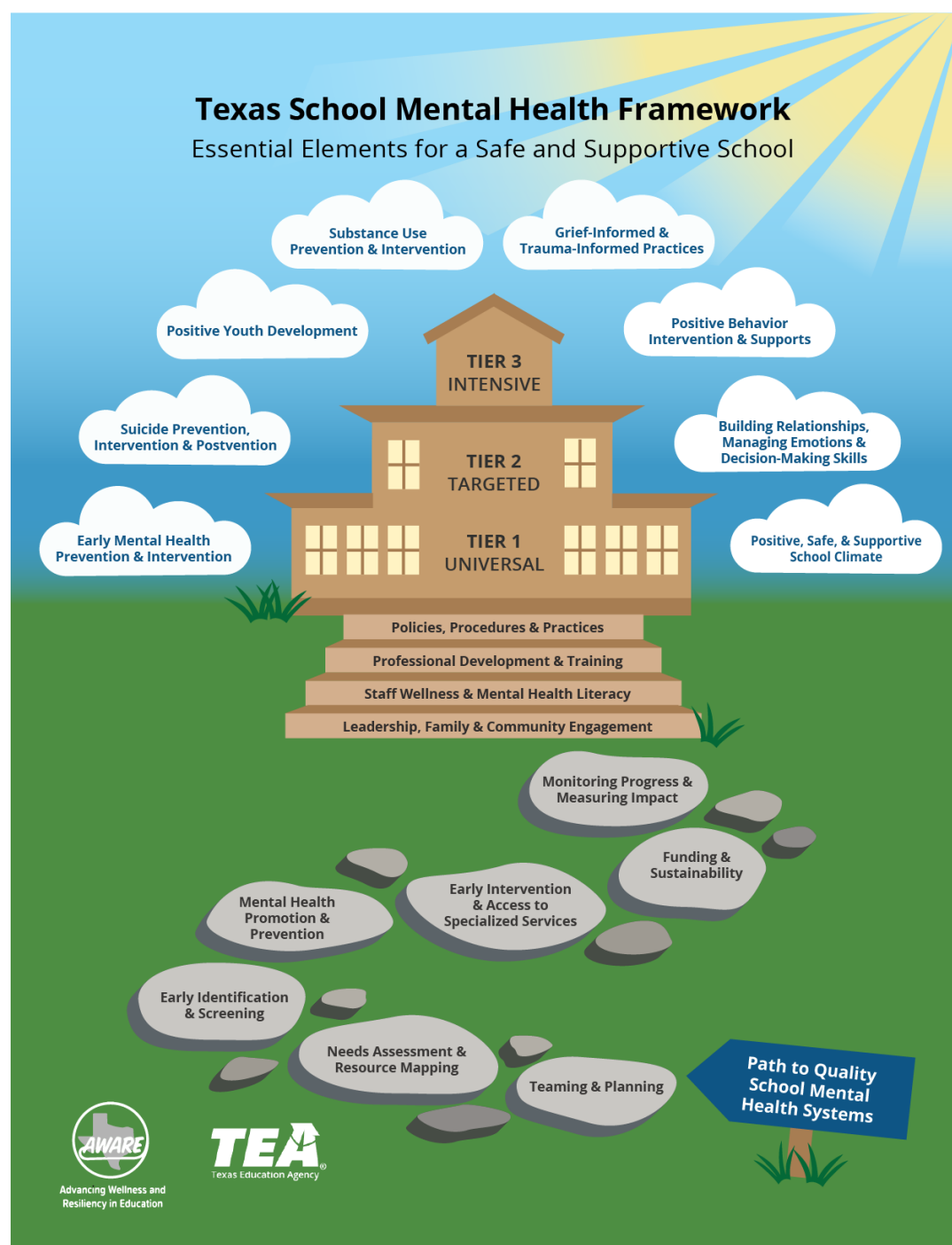
Learning Objectives

Data drives decision-making in school mental health systems and can help you establish need and evaluate the reach, quality, and impact of your program.

You have created a map of how data is used along your district's school mental health journey and have prioritized next steps.

Big Five discipline data can be leveraged to design effective school mental health systems that address root causes of student behavior.

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Key Take Aways

What learning from today will I share in my district?

What do I need more information on to implement?

What can I put into practice right away?

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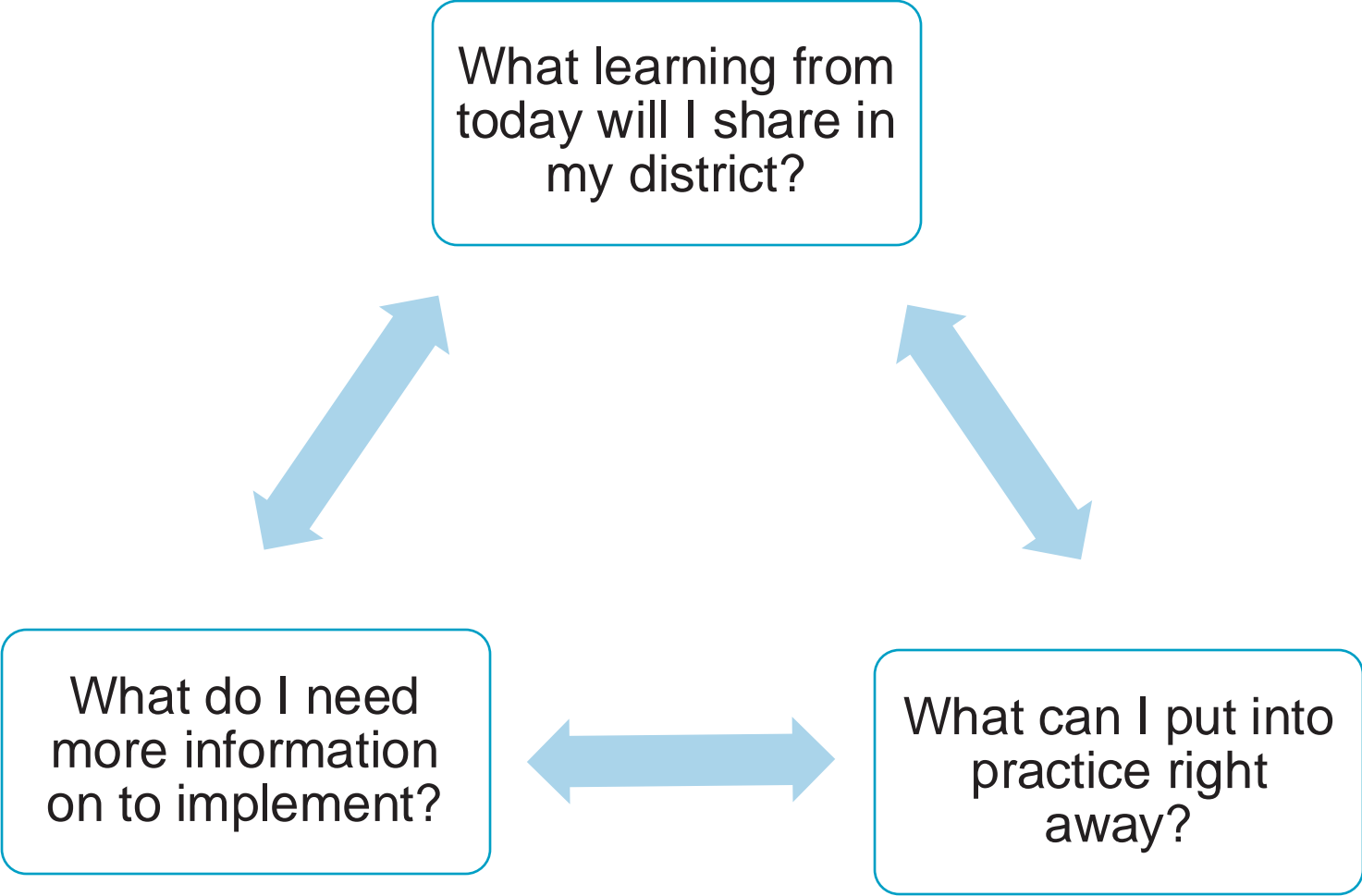
Action Plan

Reminder: Action Plan Expectations

The Learning Community experience will culminate in the presentation of an action plan.

- The action plan will focus on your school mental health program and MTSS.

- Activities in the action plan build towards a summary document and final presentation.

- Your team will present your action plan during the last session.

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School Mental Health Project Snapshot

Needs	
Goals	
Metrics	
Impact	

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Action Plan Examples

SAMPLE: School Mental Health Project Snapshot

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Needs	• Need for increased collaboration, communication, and coordination amongst student wellbeing support departments • Lack of clarity around departmental role and function in student wellbeing support • Limited understanding of how departments coordinate student services • Need for a systemic protocol for tiered student supports
Goals	• Develop a systemic protocol for tiered student supports • Establish a regular cadence of communication and feedback-loop amongst student support departments
Metrics	• SEL survey data • Mental Health services referral data • Feedback from campuses
Impact	• Increase 2 percentage points in self-management on SEL survey • Increase in Mental Health Services referral data • Increase on MAP for targeted students • Positive feedback from campuses regarding support services

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Action Plan: Reminder

- Each district should have worked on:
  - Activity 1 – Exploring the Need
  - Activity 2 – Exploring Evidence & Identifying Outcomes

- Today/Homework:
  - Activity 3 – Choose an Appropriate Intervention
  - Activity 4 – Analyze the Readiness for Implementation of the Intervention

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Feedback Survey & What's Coming Up Next

Please assist us in making the time you spend with us valuable by providing your feedback.

Coming up next…

November 6, 2024

Action Planning

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Charles Butt Foundation

Community Partner

Thank You

Reach out to Edna Henderson for questions at
ehenderson@mmhpi.org

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PASO del NORTE CENTER
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TRAUMA & GRIEF CENTER AT
THE HACKETT CENTER

CENTER FOR CHILD AND FAMILY WELLNESS

CENTER FOR JUSTICE AND HEALTH