



Minding College Minds Postsecondary Mental Health Learning Community Project Commitment and Expectations

With generous support from Texas Pioneer Foundation, Greater Texas Foundation, Trellis Foundation, ECMC Foundation, and Ascendium, the Meadows Mental Health Policy Institute (Meadows Institute) has partnered with the Texas Success Center (TSC) to offer our second **Minding College Minds Postsecondary Mental Health Learning Community** to support the belonging and wellness component of the Talent Strong Texas Pathways strategy for all community colleges.

We invite your college to apply to the second Minding College Minds cohort. This learning community will provide participating institutions with implementation-focused guidance and institutional peer support with the overall goal of building effective campus-wide mental health strategies within the Pathways student success framework. The curriculum follows the Meadows Institute's [*Minding College Minds framework*](#), which emphasizes the development of a coordinated campus and community ecosystem of mental health supports and strategies through three components: Universal Supports, Therapeutic Supports, and Crisis Supports. The learning community will offer informative sessions linked to proven strategies within each component of the framework to embed into your college's Pathways strategy. Participants will have opportunities to engage with peer Pathways colleges to share their own experiences, expertise, and lessons learned around postsecondary mental health. Colleges will also receive one-on-one technical assistance from the Meadows Institute to evaluate and enhance their institutional mental health strategy.

Benefits to Participation

If selected to participate, your college will have the unique opportunity to strategically prioritize and enhance existing efforts to support mental health and wellbeing for all students, faculty, and staff on your campus(es)—with the overall goal of supporting student success through Pathways. Colleges participating in the learning community will have access to monthly activities, including the following:

- Five webinars discussing effective postsecondary strategies for the most pressing mental health needs of your college;
- Four opportunities for 1:1 technical assistance from experts in postsecondary mental health implementation;
- Small group roundtable discussions with peer Pathways colleges to share insights and solve common challenges;
- Invitations to exclusive events at the 2025-2026 Talent Strong Texas Pathways Institutes;
- Opportunities to be featured as a Texas exemplar college in events, announcements, and other communications highlighting the groundbreaking work being done across Texas to support mental health and wellbeing in community colleges.



Commitment

If selected, we ask your institution to commit to the following:

- **Build an Implementation Team.** Your institution commits to sending 6-8 cross-disciplinary team members to participate in this learning community. Implementation Team members should come from various departments and divisions including (but not limited to) the Pathways team, student services, academic affairs, health and counseling, faculty, student life, leadership etc. We ask that each team please include your Pathways Lead.
- **Appoint two MCM Team Leaders.** Each institution must appoint two Implementation Team Leaders who will serve as points of contact for all learning community communications, help coordinate your institution's Implementation Team and ensure representation of the Implementation Team at each learning community session and activity. These leaders do not necessarily need to be the Pathways Lead but will be expected to regularly communicate with the Pathways Lead to ensure this work is aligned with and scaled as an essential component of the college's Talent Strong Texas Pathways strategy. Note: at least one MCM Team Leader must attend the November and April Pathways Institutes as a member of the college's Pathways team to participate in face-to-face training during the pre-Institute workshop.
- **Attend learning community sessions and activities.** All Implementation Team members will be invited to participate in sessions and activities. Activities will include webinars, small group discussions, and 1:1 technical assistance calls. The time commitment is estimated to be about 3-5 hours per month to engage in the learning community activities. While most of our sessions will be held and offered virtually, we will embed some in-person activities into the Talent Strong Texas Pathways Institutes in November 2025 and April 2026 to facilitate peer-to-peer learning and networking. We also strongly encourage teams to plan an additional hour each month outside of the scheduled sessions to meet as a team with the Pathways Lead to support the planning and application of the Minding College Minds learning community strategies within the college's Pathways strategy.

We recognize that participation in the learning community creates work for Implementation Team members that is in addition to their day-to-day responsibilities. In alignment with our goals of promoting a healthy campus, we suggest the Implementation Team Leader conducts regular check-ins with team members to determine whether priorities should be re-visited to make space for this new responsibility.

Expectations:

- **Attendance and engagement.** Participating colleges and Implementation Teams must be committed to attending all sessions. We ask that the college be represented in some way at every learning community event, with a minimum expected attendance rate of 90% of sessions. We are happy to work with each college to determine what attendance might look like for your unique Implementation Team.
- **Costs, funding, and investment.** There is no fee to participate in this opportunity. For any in-person engagements (which will be embedded into existing Texas Success Center Pathways Institute programming), we request a minimum of one appointed Team Implementation Leader and the institution's Pathways lead attend.

Timeline:



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This learning community will convene from August 2025 through May 2026. Below is the calendar of events relating to your college’s commitment to participate.

Month	Activity
August 4 2:00-3:30 PM (CST)	Learning Community Launch and Overview (Virtual)
September 4 1:00 PM-3:00 PM (CST)	Universal Supports Convening (Virtual)
September (By Appointment)	1:1 Technical Assistance on Universal Supports (Virtual; scheduled with your institution’s Implementation Team)
October 7 or 8 2:00 PM-3:30 PM (CST)	Peer Learning Workgroups on Universal Supports (Virtual, institution teams select desired work group session)
November 6 1:00-3:00 PM (CST)	Therapeutic Supports Convening (Virtual)
November 2025	In-Person Convening at Talent Strong Texas Pathways Institute
December (By Appointment)	1:1 Technical Assistance on Therapeutic Supports (Virtual; scheduled with your institution’s Implementation Team)
December 9 or 10 2:00 PM-3:30 PM (CST)	Peer Learning Workgroups on Therapeutic Supports (Virtual, institutions teams select desired work group session)
January 15, 2026 1:00-3:00 PM (CST)	Crisis Supports Convening (Virtual)
January (By Appointment)	1:1 Technical Assistance on Crisis Supports (Virtual; scheduled with your institution’s Implementation Team)
February 10 or 11 2:00 PM-3:30 PM (CST)	Peer Learning Workgroups on Crisis Supports (Virtual, institutions teams select desired work group session)
March 5 1:00-3:00 PM (CST)	Institutional Commitment Convening (Virtual)
April 2026	In-Person Convening at Talent Strong Texas Pathways Institute
April (By Appointment)	1:1 Technical Assistance on Institutional Commitment (Virtual; scheduled with your institution’s Implementation Team)
May 1	Wrap Up and Next Steps to Prepare for Minding College Minds CEO Capstone Meetings
May 18 – June 5	CEO Capstone Meetings

Commitment Statement:

*If selected, my institution is committed to participating in the Minding College Minds Postsecondary Mental Health Learning Community. As the CEO, I will support this effort to ensure the appropriate staff, faculty, and other institutional leaders are fully engaged in all learning community activities and opportunities, and that the resulting work aligns with the college’s Talent Strong Texas Pathways strategy. I acknowledge that, in order to promote and realize a healthy campus community, participating staff and faculty members may require shifting responsibilities for the duration of the learning community. **In addition, I will commit a minimum of one hour at the conclusion of the learning community to hearing recommendations from our Implementation Team on improving our campus mental health ecosystem.***

CEO Signature

Date



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