TCHATT connects families to mental health care through Texas schools.

MEADOWS MENTAL HEALTH POLICY INSTITUTE

What is TCHATT?

Texas Child Health Access Through Telemedicine (TCHATT) provides telemedicine and telehealth programs to Texas school districts, at the direction of parents, to help identify and assess the behavioral health needs of children and adolescents and provide access to mental health services.

Students in the program get roughly **four free sessions** with a provider. Because students attend their appointments virtually, **TCHATT helps limit missed class time and reduces barriers to accessing mental health services.**

Students are linked to providers at **12 participating medical schools,** which serve as regional hubs throughout the state. TCHATT providers offer assessments, therapy, crisis management, and medication management.

If a student needs additional services, the regional medical school hub connects them to resources in the student's community.

How It Works

1

The **school district joins the TCHATT network** by establishing a memorandum of understanding with their regional medical school hub.

2

School personnel identify an at-risk student who may benefit from TCHATT services and submit a referral.

3

The **regional medical school hub processes the referral** and obtains **parental consent** for a child to participate in TCHATT.

4

The **student is assessed** and **attends telehealth appointments virtually.**

How is TCHATT Funded?

The Texas Legislature established the Texas Child Mental Health Care Consortium through 86(R) SB 11 in 2019 and funds TCHATT through state general revenue funds. The Texas Child Mental Health Care Consortium is charged with five key programs related to children's mental health, including statewide operation of TCHATT.

TCHATT by the numbers

More than **4.5 MILLION TEXAS STUDENTS** have **access to TCHATT** as of August 2026.

74,686 TEXAS STUDENTS have been **served through more than 430,000 TCHATT sessions**, as of August 2026.

More than **80% OF PARENTS** reported that their **child was doing better as a result of TCHATT.**

WHAT PARENTS ARE SAYING

"I am so grateful for this program. My daughter was in a really rough place, and this program was like a shining light to her. It sparked amazing conversation between my daughter and me. She has some tools in her belt to handle situations she can't control in the future. Thank you! Thank you! Thank you!"

— Texas parent on how TCHATT helped her daughter

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